

Useful Telephone Numbers

D & A Information Service.....	1800 422 599
Lifeline	131 114
Family Drug Support.....	1300 368 186
Hep C Helpline	1800 803 990
HIV Hotline	1800 451 600
Burnside	1800 067 967
Mobile Youth Crisis.....	4334 5244
Poisons Information.....	131 126
G-Line Gambling	1800 633 635
FROGS Wesley Mission	4351 3344 (Friends & Relations of Gamblers)
City Mission	4351 0116
Domestic Violence Crisis	1800 656 463 <i>Counselling, refuge & referral</i>
Crisis Accommodation	4324 7239
Crisis Accommodation	9265 9087
Womens Health.....	4320 3741
Sexual Health	4320 2114
Smoking Quitline	131 848

Central Coast Services

Available at:

- Long Jetty
- Lake Haven
- Toukley
- Wyong Hospital
- Gosford Hospital
- Wyong Central
- Erina
- Kincumber
- Gosford
- Woy Woy

After Hours Emergency Contact Numbers

Ambulance or Police	000
Alcohol and Drug.....	1800 422 599 <i>Information Service (24 hour advice, information and referral)</i>
Mental Health Intake.....	4320 3500

Useful Websites

<http://www.health.nsw.gov.au>
NSW Department of Health

<http://www.adf.org.au>
Australian Drug Foundation

<http://www.adin.com.au>
Australian Drug Information Network

<http://www.nada.org.au>
The Network of Alcohol and Drug Agencies

<http://www.celebratesafely.com.au>
Celebrate Safely

Area Drug and Alcohol Services for the Central Coast

Hours of operation are:

8.30am to 4.30pm Monday to Friday

Telephone **4394 4880**

Facsimile 4394 4881

PO Box 361, Gosford NSW 2250

Directory of

Area Drug & Alcohol Services

For the Central Coast



Hours of operation are:

8.30am – 4.30pm, Monday – Friday

Telephone: 4394 4880

NORTHERN SYDNEY
CENTRAL COAST
NSW HEALTH

Central Coast Intake

To access Area Drug and Alcohol Services for the Central Coast for information, referral and/or advice:

Telephone 4394 4880

Facsimile 4394 4881

Hours of Operation Monday to Friday
8.30am – 4.30pm

Services provided

- Intake over the telephone
- Community Detoxification
- Detoxification ward at Wyong Hospital
- Opioid treatment programs
- Individual and group counselling
- MERIT (Magistrates Early Referral into Treatment) Program
- Hospital Inpatient Consultation & Liaison
- Specialist Medical Assessment and Treatment
- Prevention programs
- GP and Pharmacy Support Services

Aboriginal Services

Telephone 4394 4880

Hours of Operation Monday to Friday
8.30am – 4.30pm

Youth Services

Youth Health 4356 9333

RAPT (24 hr service) 1800 067 967
Reconnecting Adolescents and Parents Team

The Web Youth Service 4342 7640
WOY WOY

Palms Ted Noffs 9310 0495
RANDWICK

Dunlea Adolescent Unit 9721 5714
MERRYLANDS

Crisis Centre 4272 3000
WOLLONGONG

Teen Challenge 4365 6999
CHESTER HILL

Detoxification Units

PUBLIC

Maruma-Li Centre 4394 4880
WYONG HOSPITAL

Odyssey House..... 9281 5144
SURRY HILLS

Jarraah House 9661 6555
LITTLE BAY

William Booth 9212 2322
SYDNEY

Gorman House 9361 8080
DARLINGHURST

Lakeview 4923 2060
HUNTER AREA HEALTH SERVICE

PRIVATE

St John of God 9715 9226
BURWOOD

Northside Clinic 9433 3555
GREENWICH

Wentworthville Hospital 8833 2222

Wesley Private Hospital 9716 1400

Rehabilitation Services

Phoenix House 9976 4200
MANLY

The Glen 4388 6360
CENTRAL COAST – *men only*

Kamira Farm 4392 1341
CENTRAL COAST – *women only & children*

Selah Farm 4388 4588
CENTRAL COAST – *women only*

Phoebe House 9567 7302
Methadone – pregnant women & new mothers

Kedesh House 4271 2606
WOLLONGONG

Odyssey House 9281 5144
SURRY HILLS

WHOS MTAR 9749 9447
LIDCOMBE – *Methadone Reduction*

The Bridge Program..... 9212 2322
SYDNEY

Central Coast Harm Minimisation Team

Needle Syringe Program..... 4320 2753
..... 4336 7760

Van/Mobile Car Phone 0412 436 044

Clean Up Hot Line 1800 633 353

Self Help Groups

Alcoholics Anonymous 4323 3890

Al-anon & Al-ateen 4344 6939

Narcotics Anonymous 4325 0524

Narcanon 4332 6134

Gam Anon 9564 1574