



# Do you live with mental illness?

Would you like to have a say about the  
mental health system?

## GOSFORD CONSULTATION

Hosted by headspace Central Coast Youth Alliance

Wednesday 8<sup>th</sup> July, 2009  
2.30pm - 5pm

yCentral  
Level 2, The Gateway Centre  
237 Mann St, Gosford

Your participation  
will be anonymous  
and will help us to  
influence the  
government to  
provide a better  
mental health  
system

NSW CAG is the statewide peak body representing people who use mental health services to all levels of the NSW Government. We make sure that the views of people who use mental health services are heard by state and Commonwealth decision makers, service staff and the community.

Have your say on where you think things can improve and where things are working well in the mental health system. We are interested in hearing from:

- Young People
- People from culturally diverse and non-English speaking backgrounds
- People mental health and experiencing drug and alcohol problems
- Anyone who experiences mental illness

## COME ALONG AND HAVE YOUR SAY!

For more information contact Elise Dunn Youth Alliance Coordinator (02) 4304 7878  
or Magi Rai Policy and Participation Officer, NSW CAG  
(02) 9332 0243 or [mrai@nswcag.org.au](mailto:mrai@nswcag.org.au)

[www.nswcag.org.au](http://www.nswcag.org.au)