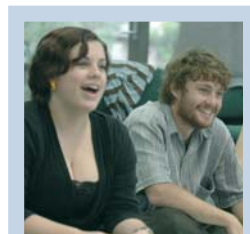
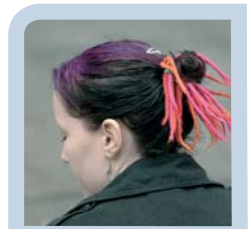




**headspace**  
Central Coast



## NOTICE – CHANGE IN HOURS OF SERVICE from 6th July 2010

headspace Central Coast are changing our hours so that we can continue to provide quality services to young people aged 12 – 25 years.

We are open from between 8:30am – 5:00pm (Monday to Friday) for **BOOKED APPOINTMENTS ONLY**

Drop in and new referrals are invited to visit between 1.00pm - 4.00pm (Monday to Friday)

Callers arranging new appointments or seeking help are asked to call between 1.00pm - 4.00pm (Monday to Friday)

Changing or cancelling an appointment? Please call 8:30am – 5:00pm (Monday to Friday)

If you are in a crisis situation or need immediate medical assistance contact emergency services on 000 or visit the Emergency Department of Gosford or Wyong Hospitals

*The headspace Central Coast team*

headspace@ycentral is located in the Gateway Centre, 237 Mann St, Gosford. Phone: 4304 7870

Any inquiries regarding the changes please contact Fiona Duignan, Program Development Manager, headspace Central Coast on 4304 7870 or mobile: 0418 211 843 or email: [fduignan@samaritans.org.au](mailto:fduignan@samaritans.org.au)



**Drop in between 1pm and 4pm Monday to Friday  
to headspace @ ycentral, the Gateway Centre, 237 Mann St Gosford.**